

Macaulay Centres for Children EarlyON Child and Family Centre Program Calendar February 2025

Free inclusive programs for families, caregivers, and their children (newborn to age 6)

We are currently offering in-person programs and services as follows:

In-Person Programs: We are offering in-person programs for families with children from birth to 6 years of age. **Note:** SPACES ARE LIMITED and **All** individuals, adults and children who are not feeling well or experiencing any symptoms of illness, they are advised to stay home.

One-on-One Parent/Caregiver Support Sessions: Our Child Development Consultants can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services. To speak with one of our Child Development Consultants, please contact Eddie ewoo@macaulaycentres.org or (416) 789 7441 ext. 406; and/or Amahley at amayor@macaulaycentres.org or (416) 789 7441 ext. 405; and/or Tina at tosahan@macaulaycentres.org or (416) 789 7441 ext. 301

All **drop-in programs** are on a first come, first served basis and program times are subject to change. **Specialized PROGRAMS** are **Pre-registered ONLY**; contact one of our Child Development Consultants listed above. For all **other Programs**, see the email links in each program description and/or contact one of our staff for more information.

Will be closed on Feb 15 & Feb 17 for the Holidays.

We serve families across Toronto and in the following neighborhoods:

Dufferin Street EarlyON Child & Family Centre

2700 Dufferin Street Unit #55, M6B 4J3 Tel: (416) 783-7298 ext.400

Regent Street EarlyON Child & Family Centre

48 Regent Street, M6N 3N9 Tel: (416) 653-3270 ext.410

Dennis Public School EarlyON Child & Family Centre

400 Rockcliffe Blvd, M6L2C7 Tel: (416) 789-7441 ext.404 Amesbury Community Centre

> 1507 Lawrence Ave W, M6L 1A8 Tel: (416) 789-7441 ext. 402

Weston Toronto Public Library

2 King Street, M9N 1K9 Tel: (416) 645-7575 ext. 6

Head Office

2010 Eglinton Ave W #400, M6E 2K3 Tel: (416) 789 7441 ext.405 Jane Street Hub EarlyON Child & Family Centre

1541 Jane Street, M9N 2R3 Tel: (416) 645-7575 ext. 6

Barbara Frum Toronto Public Library

20 Covington Road, M6A 3C1 Tel: (416) 789 7441 ext. 408

Joyce Public School EarlyON Child & Family Centre

26 Joyce Parkway, M6B 2S9 Tel: (416) 789-7441 ext.406

Falstaff Community Centre

50 Falstaff Ave, M6N 4R8 Tel: (416) 789-7441 ext.408

Annette Street Toronto Public Library

145 Annette Street, M6P 1P3 Tel: (416) 789 7441 ext. 404

If you have a disability and require extra support to participate, we may be able to help. Contact us at (416) 789-7441 ext.: 400 or email Taghreed at <u>tsafaryan@macaulaycentres.org</u> A support person who accompanies someone with a disability is welcome



In-Person Programs at 2700 Dufferin

Toront regrams at 21 to 2 anoth.					
Monday Feb 3 - 24 9:00AM – 6:30PM Feb 17 Closed	Tuesday Feb 4 only 9:00AM – 4:30PM	Wednesday Feb 5 - 26 9:00AM – 4:30PM	Thursday Feb 6 - 27 9:00AM – 4:30PM	Friday Feb 7 - 28 9:00AM – 12:30PM	Saturday Feb 1 - 22 9:00AM-12:30PM Feb 15 Closed
Toddler Time	Specialized Building Language	Play & Learn Tagalog Program	Specialized Nobody's Perfect	Play & Learn Drop-In	Play & Learn Drop-In
9:00AM -12:30PM 1-2.5 years	*Pre-registration Required*	9:00AM -12:30PM 0-6 years	*Pre-registration Required*	9:00AM-12:30PM 0-6 years	9:00AM-12:30PM 0-6 years
Doors stay open for free play	Lea & Speech	Doors stay open for free play	Tina & Eelendri (Jan 16 – March 13) No Session on Feb 20 th		
12:30PM-2:00PM 0-6 years	9:30AM -12:30PM	12:30PM-1:30PM 0-6 years	10:00AM -12:00PM		
Play & Learn	Specialized Making the connection with	Baby & Me	Extra Support		
2:00PM-6:30PM 0-6 years	Toddler *Pre-registration required*	2:00PM-4:30PM 0-12 months	Group		
	Lea & Karen 2:00PM-4:00PM 2-4 years		Lea & Stephanie 2:00PM-4:30PM 0-6 years		

In-Person Programs at Jane St Hub

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Monday Feb 3 - 24 9:00AM – 4:30PM Feb 17 Closed	Tuesday Feb 4 - 25 9:00AM – 4:30PM	Wednesday Feb 5 - 26 9:00AM – 4:30PM	Thursday Feb 6 - 27 9:00AM – 6:30PM	Friday Feb 7 – 28 9:00AM – 12:30PM
Play & Learn A focus on Black Children and Families	Play & Learn	Specialized Building Language *Pre-registration required*	Play & Learn	Specialized Building Connection *Pre-registration required*
9:00AM – 12:30PM 0-6 years	9:00AM – 12:30PM 0-6 years	9:30AM - 12:30PM	9:00AM – 12:30PM 0-6 years	9:30AM - 12:30PM
Doors stay open for free play	Doors stay open for free play	Tina & Speech	Doors stay open for free play	(Feb 7 – Feb 28) Eddie & Eelendri
12:30PM - 1:30PM 0-6 years	12:30PM – 2:00PM 0-6 years		12:30PM – 3:30PM 0-6 years	
Early Parenting *Pre-registration required*	Play & Learn	Extra Support Group	Supporting Young Families *Pre-registration required*	
2:00PM – 4:00PM	2:00PM – 4:30PM 0-6 years	2:00PM - 4:30PM	4:00PM - 6:00PM	

In-Person Programs at 2010 Eglinton Ave Suite #400

Tuesdays
(Feb 4 – 25 Feb)
No Session on Feb 18th
Triple P
10:00AM- 12:00PM
0-6 years
With Tina & Sarabjit

In-Person Programs at Regent St

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Monday Feb 3 - 24 9:00AM – 4:30PM Feb 17 Closed	Tuesday Feb 4 - 25 9:00AM – 4:30PM	Wednesday Feb 5 - 26 9:00AM – 4:30PM	Thursday Feb 6 - 27 9:00AM – 4:30PM	Friday Feb 7 – 28 9:00AM – 12:30PM	
Specialized Building Language *Pre-registration required*	Play & Learn	Play & Learn	Specialized Extra Support Group *Pre-registration required*	Play and Learn (Spanish)	
9:30AM - 12:30PM Eddie & Speech	9:00AM – 12:30PM 0-6 years	9:00AM – 12:30PM 0-6 years	9:30AM – 12:30PM Eddie & Fabiola	9:00AM – 12:30PM 0-6 years	
	Doors stay open for free play	Doors stay open for free play			
	12:30PM – 2:00PM 0-6 years	12:30PM – 2:00PM 0-6 years			
Specialized School readiness: Extra Support Needs	Play & Learn	Play & Learn	Play & Learn		
Pre-registration required					
2:00PM - 4:00PM With Eddie & Lina	2:00PM - 4:30PM 0-6 years	2:00PM - 4:30PM 0-6 years	2:00PM – 4:30PM 0-6 years		

In-Person Programs at Satellite Sites

Barbara Frum Library	Annette Library	Amesbury Community Centre
Play & Learn (Drop In)	Play & Learn	Play & Learn
Thursdays 10:00AM – 12:00PM 0-6 years	Wednesdays 10:30AM – 1:00PM 0-6 years	Tuesdays 10:00AM – 12:00PM 0-6 years
Getting Ready for Kindergarten: *Pre-registration Required*	Play & Learn	Nobody's Perfect *Pre-registration Required*
Fridays 10:00AM – 12:00PM <mark>(Feb 21- Feb 28)</mark> Lea & Karen	Thursdays 1:00PM – 04:00PM 0-6 years	Wednesdays 10:00AM – 12:00PM 0-6 years (Starts Feb 19) Lea & Lina
		Movement Play Fridays 9:30AM – 12:00PM 0-6 years

Weston Library	Falstaff Community Centre	Dennis Public School	Joyce Public School
Play & Learn	Play & Learn	Play & Learn	Play & Learn
Tuesdays	Fridays	Thursdays	Wednesdays
10:00AM -12:00PM	9:30AM - 12:00PM	9:00AM - 11:30AM	9:00AM - 12:00PM
0-6 years	0-6 years	0-6 years	0-6 years

Virtual Programs

Mondays	Tuesdays	Wednesdays	Thursdays
(Jan 6 – Feb 10)	(Jan 14 – Mar11)	(Jan 8 – Feb 12)	(Jan 9 – Feb 13)
Navigating the School System	Triple P	Support Group in Spanish	Parent Advocacy Program
10:00AM – 12:00PM	6:30PM – 8:30PM	03:00PM – 05:00PM	10:00AM – 12:00PM
With Karen – Parent Advocacy	With Eddie & Ruby	With Karen – Parent Advocacy	With Karen

Parent-Child Programs for All Ages (Birth to 6 Years)

Baby and Me

Parents and their babies can meet with other new parents in a relaxing, social environment. This program includes a variety of stimulating activities, informative chats. For information about this program please

email: tsafaryan@macaulaycentres.org

Toddler Time

This program provides an opportunity for parents and caregivers to support their toddlers' early learning. Families with their children will engage in a variety of activities which includes sensory, crafts, stories and songs. For information about this program please email: tsafaryan@macaulaycentres.org

Play & Learn

This program is for parents, caregivers and their children to socialize with others in an interactive learning environment. Children will learn, explore, communicate and understand new concepts to help expand their knowledge through play-based and guided activities. This includes songs, rhymes, reading stories, along with gross and fine motor activities. For information about this program please email:

tsafaryan@macaulaycentres.org

At some locations, Tagalog and Spanish programs are offered

Early Parenting Program

This Program provides information to Parents/ Caregivers regarding ways to keep children safe, make the most out of parenthood and build a secure attachment with their children. We also provide information on Child development and referrals to other community agencies. To register for this program please email: tsafaryan@macaulaycentres.org

Early Learning Check-In

This Parenting Program aims at providing information on understanding children's behaviors, routines and transitions. It also aims to help parents understand Children's development through Ages & Stages Questionnaires. To register for the Early Learning Check-In program please email: tsafaryan@macaulaycentres.org

Getting Ready for Kindergarten

This program is designed to enhance parent/caregiver knowledge and skills in how to prepare your child your life long success through everyday activities. To register and for more information about this program at Barbara Frum location, please email: tsafaryan@macaulaycentres.org

Our Roots-Play & Learn (A focus on Black children & families)

This is a focused program that provides parents, caregivers and their children with an opportunity to learn about Black Culture and History through play based

guided activities. This includes songs, rhymes and reading stories. To register and for more information about this program please email: tsafaryan@macaulaycentres.org

Movement & Play

This is a fun and engaging program for parents/caregivers and children. Families and children will have the opportunity to engage in activities to help enhance developmental skills. Gross motor activities will be provided to encourage movement of the body. For more information about this program please email: tsafaryan@macaulaycentres.org

Parent Advocacy Programs

To register and for more information about our programs run by our parent advocate, **please email Karen at tsafaryan@macaulaycentres.org**

Nobody's Perfect

This is a parenting program designed to provide support for parents in handling common stresses of parenting. It also offers information on understanding children's feelings and behaviors, keeping children healthy and safe, and much more. To register and for more information about this program, please email: tsafaryan@macaulaycentres.org

Stepping Stones Triple P Program

This is a parenting program for parents of children with extra support needs that provides strategies to encourage positive behavior, independence, and self-regulation. To register and for more information about this program at 2010 Eglinton, please email: tsafaryan@macaulaycentres.org

Kids Have Stress too

This a parent and caregiver workshop focused on selfcare and supporting others. Participants will learn about stress, including signs and symptoms in both children and adults, and explore strategies to nurture and encourage sustainable stress management in children. For more information or to register to this program, please email: tsafaryan@macaulaycentres.org

Make the Connection with Toddlers

This parenting program put attachment theory into six fun and purposeful sessions. Parents/caregivers learn what toddlers need to form secure attachments, practice with their toddler and reflect on their parenting role. To register and for more information about this program, please email: tsafaryan@macaulaycentres.org