



# Macaulay Centres for Children EarlyON Child and Family Centre Program Calendar January 2025

Free inclusive programs for families, caregivers, and their children (newborn to age 6)

## We are currently offering in-person programs and services as follows:

**In-Person Programs:** We are offering in-person programs for families with children from birth to 6 years of age. **Note:** SPACES ARE LIMITED and **All** individuals, adults and children who are not feeling well or experiencing any symptoms of illness, they are advised to stay home.

**One-on-One Parent/Caregiver Support Sessions:** Our Child Development Consultants can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services. To speak with one of our Child Development Consultants, please contact Eddie [ewoo@macaulaycentre.org](mailto:ewoo@macaulaycentre.org) or (416) 789 7441 ext. 406; and/or Amahley at [amayor@macaulaycentre.org](mailto:amayor@macaulaycentre.org) or (416) 789 7441 ext. 405; and/or Tina at [tosahan@macaulaycentres.org](mailto:tosahan@macaulaycentres.org) or (416) 789 7441 ext.301

All **drop-in programs** are on a first come, first served basis and program times are subject to change. **Specialized PROGRAMS are Pre-registered ONLY;** contact one of our Child Development Consultants listed above. For all **other Programs**, see the email links in each program description and/or contact one of our staff for more information.

Will be closed on January 1<sup>st</sup> for the Holidays.

### We serve families across Toronto and in the following neighborhoods:

**Dufferin Street EarlyON  
Child & Family Centre**  
2700 Dufferin Street Unit #55, M6B 4J3  
Tel: (416) 783-7298 ext.408  
**Regent Street EarlyON  
Child & Family Centre**  
48 Regent Street, M6N 3N9  
Tel: (416) 653-3270 ext.410  
**Dennis Public School  
EarlyON Child & Family Centre**  
400 Rockcliffe Blvd, M6L2C7  
Tel: (416) 789-7441 ext.404  
**Amesbury Community Centre**  
1507 Lawrence Ave W, M6L 1A8  
Tel: (416) 789-7441 ext. 402  
**Weston  
Toronto Public Library**  
2 King Street, M9N 1K9  
Tel: (416) 645-7575 ext. 6

**Jane Street Hub EarlyON  
Child & Family Centre**  
1541 Jane Street, M9N 2R3  
Tel: (416) 645-7575 ext. 6  
**Barbara Frum Toronto  
Public Library**  
20 Covington Road, M6A 3C1  
Tel: (416) 789 7441 ext. 408  
**Joyce Public School  
EarlyON Child & Family Centre**  
26 Joyce Parkway, M6B 2S9  
Tel: (416) 789-7441 ext.406  
**Falstaff Community Centre**  
50 Falstaff Ave, M6N 4R8  
Tel: (416) 789-7441 ext.408  
**Annette Street  
Toronto Public Library**  
145 Annette Street, M6P 1P3  
Tel: (416) 789 7441 ext. 404

**Head Office**  
2010 Eglinton Ave W #400, M6E 2K3  
Tel: (416) 789 7441 ext.405

If you have a disability and require extra support to participate, we may be able to help. Contact us at (416) 789-7441 ext.400 or email Taghreed at [tsafaryan@macaulaycentre.org](mailto:tsafaryan@macaulaycentre.org)  
A support person who accompanies someone with a disability is welcome



### In-Person Programs at 2700 Dufferin

Monday Jan 6 - 27 9:00AM – 6:30PM	Tuesday Jan 7 - 28 9:00AM – 4:30PM	Wednesday Jan 1 - 29 9:00AM – 4:30PM Closed on Jan 1	Thursday Jan 2 - 30 9:00AM – 4:30PM	Friday Jan 3 - 31 9:00AM – 12:30PM	Saturday Jan 4 - 25 9:00AM–12:30PM
<b>Toddler Time</b>	<b>Specialized Building Language</b>	<b>Play &amp; Learn Tagalog Program</b>	<b>Specialized Nobody's Perfect</b>	<b>Play &amp; Learn Drop-In</b>	<b>Play &amp; Learn Drop-In</b>
9:00AM -12:30PM 1-2.5 years	*Pre-registration Required*	9:00AM –12:30PM 0-6 years	*Pre-registration Required*	9:00AM-12:30PM 0-6 years	9:00AM-12:30PM 0-6 years
<b>Doors stay open for free play</b>	Lea & Speech	<b>Doors stay open for free play</b>	With Tina & Eelendri		
12:30PM-2:00PM	9:30AM –12:30PM (Jan 7 – Feb 4)	12:30PM-2:00PM	10:00AM –12:00PM (Jan 16 – March 13)		
<b>Play &amp; Learn</b>	<b>Specialized Making the connection with Toddler</b>	<b>Baby &amp; Me</b>	<b>Extra Support Group</b>		
	*Pre-registration required*				
	With Lea & Fabiola		With Lea & Stephanie		
2:00PM-6:30PM 0-6 years	2:00PM-4:00PM (Jan 7 – Feb 4) 2-4 years	2:00PM-4:30PM	2:00PM-4:30PM 0-6 years		

### In-Person Programs at Jane St Hub

Monday Jan 6 - 27 9:00AM – 4:30PM	Tuesday Jan 7 - 28 9:00AM – 4:30PM	Wednesday Jan 1 - 29 9:00AM – 4:30PM Closed on Jan 1	Thursday Jan 2 - 30 9:00AM – 6:30PM	Friday Jan 3 - 31 9:00AM – 12:30PM
<b>Play &amp; Learn A focus on Black Children and Families</b>	<b>Play &amp; Learn</b>	<b>Specialized Building Language</b>	<b>Play &amp; Learn</b>	<b>Specialized Building Connection</b>
9:00AM – 12:30PM	9:00AM – 12:30PM	*Pre-registration required*	9:00AM – 12:30PM	*Pre-registration required*
		9:30AM – 12:30PM (Jan 8 – Feb 12)		9:30AM – 12:30PM
<b>Early Parenting</b>	<b>Doors stay open for free play</b>	Tina & Speech	<b>Doors stay open for free play</b>	(Jan 17 – Feb 28) Eddie & Eelendri
*Pre-registration required*				
1:30PM – 3:30PM	12:30PM – 2:00PM		12:30PM – 2:00PM	
<b>Doors stay open for free play</b>	<b>Play &amp; Learn</b>	<b>Extra Support Group</b>	<b>Play &amp; Learn</b>	
3:30PM – 4:30PM	2:00PM – 4:30PM	2:00PM – 4:30PM	2:00PM – 6:30PM	

### In-Person Programs at Regent St

Monday Jan 6 - 27 9:00AM – 4:30PM	Tuesday Jan 7 - 28 9:00AM – 4:30PM	Wednesday Jan 8 - 29 9:00AM – 4:30PM	Thursday Jan 2 - 30 9:00AM – 4:30PM	Friday Jan 3 - 31 9:00AM – 12:30PM
<b>Specialized Building Language</b> *Pre-registration required*	<b>Play &amp; Learn</b>	<b>Play &amp; Learn</b>	<b>Specialized Extra Support Group</b> *Pre-registration required*	<b>Play and Learn (Spanish)</b>
<b>9:30AM – 12:30PM</b> Eddie & Speech	<b>9:00AM – 12:30PM</b>	<b>9:00AM – 12:30PM</b>	<b>9:30AM – 12:30PM</b> Eddie & Claudia	<b>9:00AM – 12:30PM</b>
	<b>Doors stay open for free play</b>	<b>Doors stay open for free play</b>		
	<b>12:30PM – 2:00PM</b>	<b>12:30PM – 2:00PM</b>		
<b>Specialized Getting Ready for Kindergarten:</b> A parent’s guide for kids with Extra Support Needs *Pre-registration required*	<b>Doors stay open for free play</b>	<b>Play &amp; Learn</b>	<b>Play &amp; Learn</b>	
<b>2:00PM – 4:00PM</b> (Jan 13 – Feb 10) With Eddie & Parent Advocacy	<b>2:00PM – 4:30PM</b> 0-6 years	<b>2:00PM – 4:30PM</b> 0-6 years	<b>2:00PM – 4:30PM</b> 0-6 years	

### In-Person Programs at 2010 Eglinton Ave Suite #400

<b>Tuesdays</b> (Jan 21 – Jan 28)
<b>Triple P</b>
<b>10:00AM- 12:00PM</b> 0-6 years With Tina & Sarabjit

### Virtual Programs

Mondays (Jan 6 – Feb 10)	Tuesdays (Jan 14 – Mar11)	Wednesdays (Jan 8 – Feb 12)	Thursdays (Jan 9 – Feb 13)
<b>Navigating the School System</b> 10:00AM – 12:00PM	<b>Triple P</b> 6:30PM – 8:30PM	<b>Support Group in Spanish</b> 03:00PM – 05:00PM	<b>Parent Advocacy Program</b> 10:00AM – 12:00PM
With Karen – Parent Advocacy	With Eddie & Ruby	With Karen – Parent Advocacy	With Karen

### In-Person Programs at Libraries

Barbara Frum Library	Annette Library	Weston Library
<b>Play &amp; Learn (Drop In)</b> <b>Thursdays</b> <b>(Starts Jan 9)</b> <b>10:00AM – 12:00PM</b>	<b>Play &amp; Learn</b> <b>Wednesdays</b> <b>10:30AM – 12:30PM</b> Closed on Jan 1 <sup>st</sup>	<b>Play &amp; Learn</b> <b>Tuesdays</b> <b>10:00AM – 12:00PM</b> <b>(Starts Jan 14)</b>
<b>Getting Ready for Kindergarten:</b> A parent's guide for kids with Extra Support Needs <b>*Pre-registration Required*</b>	<b>Play &amp; Learn</b>	
<b>Fridays</b> <b>(Jan 10 – Jan 31)</b> <b>10:00AM – 12:00PM</b> Lea & Karen	<b>Thursdays</b> <b>1:00PM – 04:00PM</b> <b>(Starts Jan 2)</b>	

### In-Person Programs at Community Centers and Public Schools

Amesbury Community Centre	Falstaff Community Centre	Dennis Public School	Joyce Public School
<b>Play &amp; Learn</b>	<b>Play &amp; Learn</b>	<b>Play &amp; Learn</b>	<b>Play &amp; Learn</b>
<b>Tuesdays</b> <b>(Starts Jan 14)</b> <b>9:30AM -12:00PM</b>	<b>Fridays</b> <b>(Starts Jan 3)</b> <b>9:30AM - 12:00PM</b>	<b>Thursdays</b> <b>(Starts Jan 2)</b> <b>9:00AM – 11:30AM</b>	<b>Wednesdays</b> <b>(Starts Jan 8)</b> <b>9:00AM – 12:00PM</b>
<b>Specialized</b> <b>Kids Have Stress too</b> <b>*Pre-registration Required*</b>			
<b>Wednesdays</b> <b>(Jan 15 – Jan 29)</b> <b>10:00AM –12:00PM</b> With Lea			
<b>Movement &amp; Play</b>			
<b>Fridays</b> <b>(Starts Jan 17)</b> <b>9:30AM – 12:00PM</b>			

## Parent-Child Programs for All Ages (Birth to 6 Years)

### **Baby and Me**

Parents and their babies can meet with other new parents in a relaxing, social environment. This program includes a variety of stimulating activities, informative chats. **For information about this program please email: [fgrigoli@macaulaycentre.org](mailto:fgrigoli@macaulaycentre.org)**

### **Toddler Time**

This program provides an opportunity for parents and caregivers to support their toddlers' early learning. Families with their children will engage in a variety of activities which includes sensory, crafts, stories and songs. **For information about this program please email: [fgrigoli@macaulaycentres.org](mailto:fgrigoli@macaulaycentres.org)**

### **Play & Learn**

This program is for parents, caregivers and their children to socialize with others in an interactive learning environment. Children will learn, explore, communicate and understand new concepts to help expand their knowledge through play-based and guided activities. This includes songs, rhymes, reading stories, along with gross and fine motor activities. **For information about this program please email:**

**[ymetwally@macaulaycentres.org](mailto:ywetwally@macaulaycentres.org)**

**\*\*At some locations, Tagalog and Spanish programs are offered\*\***

### **Early Parenting Program**

This Program provides information to Parents/ Caregivers regarding ways to keep children safe, make the most out of parenthood and build a secure attachment with their children. We also provide information on Child development and referrals to other community agencies. **To register for this program please email: [mclifford@macaulaycentres.org](mailto:mclifford@macaulaycentres.org)**

### **Early Learning Check-In**

This Parenting Program aims at providing information on understanding children's behaviors, routines and transitions. It also aims to help parents understand Children's development through Ages & Stages Questionnaires. **To register for the Early Learning Check-In program please email: [ewoo@macaulaycentres.org](mailto:ewoo@macaulaycentres.org)**

### **Getting Ready for Kindergarten**

This program is designed to enhance parent/caregiver knowledge and skills in how to prepare your child your life long success through everyday activities. **To register and for more information about this program at Barbara Frum location, please email: [amayor@macaulaycentres.org](mailto:amayor@macaulaycentres.org); and at Regent location, please email: [ewoo@macaulaycentres.org](mailto:ewoo@macaulaycentres.org)**

### **Our Roots-Play & Learn (A focus on Black children & families)**

This is a focused program that provides parents, caregivers and their children with an opportunity to learn about Black Culture and History through play based

guided activities. This includes songs, rhymes and reading stories. **To register and for more information about this program please email: [mclifford@macaulaycentres.org](mailto:mclifford@macaulaycentres.org)**

### **Movement & Play**

This is a fun and engaging program for parents/caregivers and children. Families and children will have the opportunity to engage in activities to help enhance developmental skills. Gross motor activities will be provided to encourage movement of the body. **For more information about this program please email: [kanga-angan@macaulaycentres.org](mailto:kanga-angan@macaulaycentres.org)**

### **Parent Advocacy Programs**

To register and for more information about our programs run by our parent advocate, **please email Karen at [kcleves@macaulaycentres.org](mailto:kcleves@macaulaycentres.org)**

### **Nobody's Perfect**

This is a parenting program designed to provide support for parents in handling common stresses of parenting. It also offers information on understanding children's feelings and behaviors, keeping children healthy and safe, and much more. **To register and for more information about this program, please email: [tosahan@macaulaycentres.org](mailto:tosahan@macaulaycentres.org)**

### **Stepping Stones Triple P Program**

This is a parenting program for parents of children with extra support needs that provides strategies to encourage positive behavior, independence, and self-regulation. **To register and for more information about this program at 2010 Eglinton, please email: [tosahan@macaulaycentres.org](mailto:tosahan@macaulaycentres.org), for the Virtual Program, please email: [ewoo@macaulaycentres.org](mailto:ewoo@macaulaycentres.org)**

### **Kids Have Stress too**

This a parent and caregiver workshop focused on self-care and supporting others. Participants will learn about stress, including signs and symptoms in both children and adults, and explore strategies to nurture and encourage sustainable stress management in children. **For more information or to register to this program, please email: [amayor@macaulaycentres.org](mailto:amayor@macaulaycentres.org)**

### **Make the Connection with Toddlers**

This parenting program put attachment theory into six fun and purposeful sessions. Parents/caregivers learn what toddlers need to form secure attachments, practice with their toddler and reflect on their parenting role. **To register and for more information about this program, please email: [amayor@macaulaycentres.org](mailto:amayor@macaulaycentres.org)**