

# Macaulay Centres for Children EarlyON Child and Family Centre Program Calendar March 2025

Free inclusive programs for families, caregivers, and their children (newborn to age 6)

# We are currently offering in-person programs and services as follows:

**In-Person Programs:** We are offering in-person programs for families with children from birth to 6 years of age. **Note:** SPACES ARE LIMITED and **All** individuals, adults and children who are not feeling well or experiencing any symptoms of illness, they are advised to stay home.

**One-on-One Parent/Caregiver Support Sessions:** Our Child Development Consultants can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services. To speak with one of our Child Development Consultants, please contact Eddie ewoo@macaulaycentres.org or (416) 789 7441 ext. 406; and/or Amahley at amayor@macaulaycentres.org or (416) 789 7441 ext. 405; and/or Tina at tosahan@macaulaycentres.org or (416) 789 7441 ext. 301

All **drop-in programs** are on a first come, first served basis and program times are subject to change. **Specialized PROGRAMS are Pre-registered ONLY**; contact one of our Child Development Consultants listed above. For all **other Programs**, see the email links in each program description and/or contact one of our staff for more information.

# We serve families across Toronto and in the following neighborhoods:

**Dufferin Street EarlyON Child & Family Centre** 2700 Dufferin Street Unit #55, M6B 4J3 Tel: (416) 783-7298 ext.400 **Regent Street EarlyON Child & Family Centre** 48 Regent Street, M6N 3N9 Tel: (416) 653-3270 ext.410 **Dennis Public School EarlyON Child & Family Centre** 400 Rockcliffe Blvd, M6L2C7 Tel: (416) 789-7441 ext.404 **Amesbury Community Centre** 1507 Lawrence Ave W, M6L 1A8 Tel: (416) 789-7441 ext. 402 Weston Toronto Public Library 2 King Street, M9N 1K9 Tel: (416) 645-7575 ext. 6 **Head Office** 2010 Eglinton Ave W #400, M6E 2K3 Tel: (416) 789 7441 ext.405

Jane Street Hub EarlyON Child & Family Centre 1541 Jane Street, M9N 2R3 Tel: (416) 645-7575 ext. 6 Barbara Frum Toronto Public Library 20 Covington Road, M6A 3C1 Tel: (416) 789 7441 ext. 408 Joyce Public School EarlyON Child & Family Centre 26 Joyce Parkway, M6B 2S9 Tel: (416) 789-7441 ext.406 Falstaff Community Centre 50 Falstaff Ave, M6N 4R8 Tel: (416) 789-7441 ext.408 Annette Street Toronto Public Library 145 Annette Street, M6P 1P3 Tel: (416) 789 7441 ext. 404

If you have a disability and require extra support to participate, we may be able to help. Contact us at (416) 789-7441 ext.: 400 or email Taghreed at <u>tsafaryan@macaulaycentres.org</u> A support person who accompanies someone with a disability is welcome



# In-Person Programs at 2700 Dufferin

	III-Feison Frograms at 2700 Dunerm									
	Monday Tuesday		Wednesday		Thursday		Friday		Saturday	
	ar 3 - 31	Mar			5 - 26 Mar 6 - 27		Mar 7 - 28	3	Mar 1 - 29	
9:00AI	M – 6:30PM	9:00	AM – 4:30PM	9:00AM - 4:30PM		9:00AM - 4:30PM		9:00AM - 12:3		9:00AM-12:30PM
March B	Break (Mar 10)	Marcl	n Break (Mar 11)	March Break (Mar 12)		March Break (Mar 13)		March Break (Mar 14)		March Break (Mar 15)
			Specialized		Play & Learn		Specialized		rn	Play & Learn
Todo	dler Time	Kids Have		<b>Tagalog Program</b>		Nobody's Perfect		Drop-In		Drop-In
		S	ress Too							
9.00A			9:00AM -12:30PM		*Pre-registration		9:00AM-12:30PM		9:00AM-12:30PM	
			equired*	0-6years		Required*		0-6years		0-6years
1			•			•		0-0years		0-0years
	s stay open	(50	<b>arts Mar 18)</b> Lea	Doors stay oper		(Ends Mar 6) Tina & Eelendri				
for f	free play		Lea	for fr	ee play	Tina & Ee	lenari			
12:30	PM-2:00PM	9:30A	M -12:30PM	12:30PM-1:30PM		10:00AM -12:00PM				
0-	-6years			0-6	years					
		Sn	ecialized							
Play	/ & Learn		at & Cheer	Bah	/ & Me					
1 lay	a Leann		For Kids			Extra Support Group				
2:00PM	M-6:30PM		egistration	2:00PM-4:30PM						
			egistration quired*	0-12 months		0.04				
-		16	quirea	• •=•						
			Lea			Lea & Step	ohanie			
			2:00PM-4:00PM				2:00PM-4:30PM			
			4 years			0-6years				
			In-Pers	son Pro	grams at	t Jane St H	lub	-		
	Monday		Tuesda	av	Wedr	Wednesday		nursday		Friday
	Mar 3 - 31		Mar 4 -		Mar 5 - 26		Mar 6 - 27			Mar 7 – 28
<b>a</b> .	0:00AM - 4:30	РМ	9:00AM - 4		9:00AM - 4:30PM		9:00AM - 6:30PM		٩	00AM - 12:30PM
	Aarch Break (Mar		March Break (					Break (Mar 13)		arch Break (Mar 14)
	Play & Lear					ialized				Specialized
	focus on Bla		Play & Le	arn	Building Language		Play & Learn		Building Connection	
	Children an				*Pre-registration					Pre-registration
		u			^Pre-registration required*					required*
	Families		0.0000	0.00			0.00AM 40.20DH			
9:	9:00AM - 12:30PM		9:00AM - 12		9:30AM - 12:30PM		9:00AM - 12:30PM		9:	30AM - 12:30PM
	0-6years		0-6yea				0-6years			
	Doors stay oper		Doors stay		<b>T</b> 0.0 1		Doors stay open			(Starts Mar 28)
	for free play		for free play		Tina & Speech		for free play			Tina & Eelendri
12	12:30PM - 1:30PM		12:30PM - 2:00PM		1 -		12:30PM - 3:30PM			
	0-6years		0-6years				0-6years			
E	Early Parenting							orting Young		
	*Pre-registration		Play & Le	arn	Extra Sup	port Group		amilies		
	required*					portoroup	-			
	requirea							*Pre-registration required*		
	2:00 PM 4:00 PM		2:00PM - 4	2004	2.0004	- 4:30PM		quirea^ PM – 6:00PM		
2	2:00PM – 4:00PM				2:00PM	- 4:30PM	4:00P	W - 0:00PW		
	0-6years									

# March Break Programs

Mondays March Break (Mar 10)	Tuesdays March Break (Mar 11)	Wednesdays March Break (Mar 12)	Thursdays March Break (Mar 13)	Fridays March Break (Mar 14)
At the HUB Worldwide Flavour 10:00AM -12:00PM	At 2700 Dufferin Arts 10:00AM -12:00PM At 2700 Dufferin & HUB Little Chef 2:00PM - 4:00PM At Regent STEAM 2:00PM - 4:00PM	At Regent Pawsitively Pets 10:00AM -12:00PM	At 2700 Dufferin Pawsitively Pets 10:00AM -12:00PM	At the HUB Pawsitively Pets 10:00AM -12:00PM

# In-Person Programs at Regent St

Monday Mar 3 - 31 9:00AM – 4:30PM March Break (Mar 10)	Tuesday Mar 4 - 25 9:00AM – 4:30PM March Break (Mar 11)	Wednesday Mar 5 - 26 9:00AM – 4:30PM March Break (Mar 12)	Thursday Mar 6 - 27 9:00AM – 4:30PM March Break (Mar 13)	Friday Mar 7 – 28 9:00AM – 12:30PM March Break (Mar 14)
Specialized Building Language *Pre-registration required*	Play & Learn	Play & Learn	Specialized Extra Support *Pre-registration required*	Play and Learn (Spanish)
9:30AM – 12:30PM Eddie & Speech	9:00AM — 12:30PM 0-6 years	9:00AM - 12:30PM 0-6 years	9:30AM – 12:30PM Eddie & Fabiola	9:00AM – 12:30PM 0-6 years
	Doors stay open for free play	Doors stay open for free play		
	12:30PM - 2:00PM 0-6 years	12:30PM - 2:00PM 0-6 years		
Specialized Ages & Stages *Pre-registration required*	Play & Learn	Play & Learn	Play & Learn	
<b>2:00PM – 4:00PM</b> With Eddie & Lina	2:00PM - 4:30PM 0-6years	2:00PM - 4:30PM 0-6years	2:00PM – 4:30PM 0-6years	

# In-Person Programs at Satellite Sites

		ereentrograme				_	
Barbara Frum Library		Annette Library		Amesbury Community Centre			
Play & Learn (Drop In)		Play & Lear	rn	Play & Learn			
Thursdays		Wednesday	/S	Tuesdays			
10:00AM – 12:00PM		10:30AM - 1:0	0PM	9:30AM - 12:00PM			
<b>3 - 6 years</b>		0-6years		0-6years			
Getting Ready for Kindergarten: *Pre-registration Requi		Play & Le	arn	Nobody's Perfect *Pre-registration Required*			
Fridays		Thursdays		Wednesdays			
10:00AM – 12:00PM		1:00PM – 04:0		10:00AM - 12:00PM			
Lea & Lina		0-6years		0-6years			
					Lea & Lina		
				Movement Play			
				Fridays			
				9:30AM – 12:00PM			
				0-6years			
	Weston Library Falstaf		Dennis Public School		Joyce Public School		
Play & Learn	Pla	ıy & Learn	Play & Learn		Play & Learn		
Tuesdays		Fridays	Thursdays		Wednesdays		
		AM - 12:00PM	9:00AM - 11:30AM		9:00AM - 12:00PM		
0-6years		0-6years	0-6years		0-6years		

# In-Person Programs at 2010 Eglinton Ave Suite #400/ Virtual Programs

Tuesdays (In person)	Tuesdays (Virtual)
(Mar 4 – 18 Mar)	(Mar 4 – 11 Mar)
Triple P	Triple P
10:00AM- 12:00PM	6:30AM- 8:30PM
0-6years	0-6years
With Tina & Sarabjit	With Eddie & Ruby

# Parent-Child Programs for All Ages (Birth to 6 Years)

# Baby and Me

Parents and their babies can meet with other new parents in a relaxing, social environment. This program includes a variety of stimulating activities, informative chats. For information about this program please email: tsafaryan@macaulaycentres.org

## **Toddler Time**

This program provides an opportunity for parents and caregivers to support their toddlers' early learning. Families with their children will engage in a variety of activities which includes sensory, crafts, stories and songs. For information about this program please email: tsafaryan@macaulaycentres.org

## Play & Learn

This program is for parents, caregivers and their children to socialize with others in an interactive learning environment. Children will learn, explore, communicate and understand new concepts to help expand their knowledge through play-based and guided activities. This includes songs, rhymes, reading stories, along with gross and fine motor activities. For information about this program please email:

tsafaryan@macaulaycentres.org

\*\*At some locations, Tagalog and Spanish programs are offered\*\*

# Early Parenting Program

This Program provides information to Parents/ Caregivers regarding ways to keep children safe, make the most out of parenthood and build a secure attachment with their children. We also provide information on Child development and referrals to other community agencies. **To register for this program please email:** tsafaryan@macaulaycentres.org

## Chat & Cheer for Kids

This Parent/Caregiver Program aims at providing information on understanding children's language, and communication strategies. It also aims to help parents understand children's development through Ages & Stages Questionnaires, and Looksee Checklist. **To register for the Chat & Cheer program please email:** <u>tsafaryan@macaulaycentres.org</u>

### Getting Ready for Kindergarten

This program is designed to enhance parent/caregiver knowledge and skills in how to prepare your child your life long success through everyday activities. **To register and for more information about this program at Barbara Frum location, please email:** <u>tsafaryan@macaulaycentres.org</u>

# Our Roots-Play & Learn (A focus on Black children & families)

This is a focused program that provides parents, caregivers and their children with an opportunity to learn about Black Culture and History through play based guided activities. This includes songs, rhymes and reading stories. To register and for more information about this program please email: tsafaryan@macaulaycentres.org

#### Movement & Play

This is a fun and engaging program for parents/caregivers and children. Families and children will have the opportunity to engage in activities to help enhance developmental skills. Gross motor activities will be provided to encourage movement of the body. For more information about this program please email: tsafaryan@macaulaycentres.org

### Parent Advocacy Programs

To register and for more information about our programs run by our parent advocate, **please email Karen at** tsafaryan@macaulaycentres.org

## Nobody's Perfect

This is a parenting program designed to provide support for parents in handling common stresses of parenting. It also offers information on understanding children's feelings and behaviors, keeping children healthy and safe, and much more. **To register and for more information about this program, please email:** <u>tsafaryan@macaulaycentres.org</u>

### Stepping Stones Triple P Program

This is a parenting program for parents of children with extra support needs that provides strategies to encourage positive behavior, independence, and self-regulation. To register and for more information about this program at 2010 Eglinton, please email: tsafaryan@macaulaycentres.org

### Kids Have Stress Too

This a parent and caregiver workshop focused on selfcare and supporting others. Participants will learn about stress, including signs and symptoms in both children and adults, and explore strategies to nurture and encourage sustainable stress management in children. For more information or to register to this program, please email: tsafaryan@macaulaycentres.org

### Make the Connection with Toddlers

This parenting program put attachment theory into six fun and purposeful sessions. Parents/caregivers learn what toddlers need to form secure attachments, practice with their toddler and reflect on their parenting role. **To register and for more information about this program, please email:** <u>tsafaryan@macaulaycentres.org</u>